

Each year, Montgomery County Public Schools provides Family Life Instruction for students in grades 3-10. The standards and regulations for the program are written by the Virginia Department of Education. Lesson guides are available for your inspection in both the front office and the library.

Family Life Instruction will take place the week of November 18, 2019, for each student in a Physical Education class this semester. All parents/guardians have the choice of allowing their child to remain in the Family Life classes or opting their child out of all or part of this instruction.

Attached are forms for each grade level to send in to your child's Physical Education teacher **ONLY IF YOU WISH TO OPT-OUT YOUR CHILD** of some or the entire Family Life program. Opt-out forms are also available on the BMS Website and BMS Health/PE 2019-20 Google Classroom. If you need a hard copy of an opt-out form or have any questions about Family Life Instruction, please contact your child's Health and Physical Education teacher.

Below you will also find the correlating Family Life SOLs for each grade level.

6th grade

6.3 The student will continue to identify physical and emotional changes that occur during puberty and their effects on growth and development.

6.8 The student will demonstrate increased understanding of child abuse and neglect, including emotional and sexual abuse.

6.12 The student will explain laws protecting children from inappropriate and abusive behavior of others, including human trafficking.

7th grade

7.2 The student will recognize the physical development of his or her sex characteristics and how they affect emotional and social growth.

7.7 The student will be aware of the consequences of preteen and teenage sexual intercourse.

7.8 The student will list the adverse consequences of a pregnancy in early adolescence, as well as the positive benefits of postponing pregnancy until marriage.

7.9 The student will describe the signs and symptoms of pregnancy.

7.11 The student will explain techniques for preventing and reporting sexual assault and molestation.

7.12 The student will identify causes, symptoms, treatment, prevention, and transmission of sexually transmitted infections, including HIV.

8th grade

8.1 The student will relate stages of human development to his or her own developmental level.

8.10 The student will analyze the issues related to teenage pregnancy.

8.11 The student will review facts about pregnancy prevention and disease control.

8.14 The student will recall the ways in which the HIV virus is transmitted and prevented.